



# TENnder CARE



Check In



Check Up



Check Back

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## TENNESSEE'S EPSDT PROGRAM

# What is EPSDT?

- ✓ Early and Periodic Screening, Diagnosis and Treatment.
- ✓ Screenings for vision, dental, hearing, and other necessary health care.
- ✓ Diagnostic treatment and other measures to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services.

# TENNderCARE Mission

TENNderCare is the name for Tennessee's EPSDT Program. Tennessee has made a commitment to promoting good health in children from birth until age 21. It's called the TENNderCare Program. TENNderCare is a full program of check ups and health care services for children who have TennCare. These services make sure babies, children, teens, and young adults receive the health care they need. Good health begins at birth, so it's important to Check In, Check Up, and Check Back with your doctor.

# TENnderCARE

Good health begins at birth. It is important to do three things:



**Check In!**



**Check Up!**



**Check Back!**

# What is TENNderCARE?

- ✓ TENNderCare is Tennessee's EPSDT program in TennCare.

## Why is TENNderCARE important?

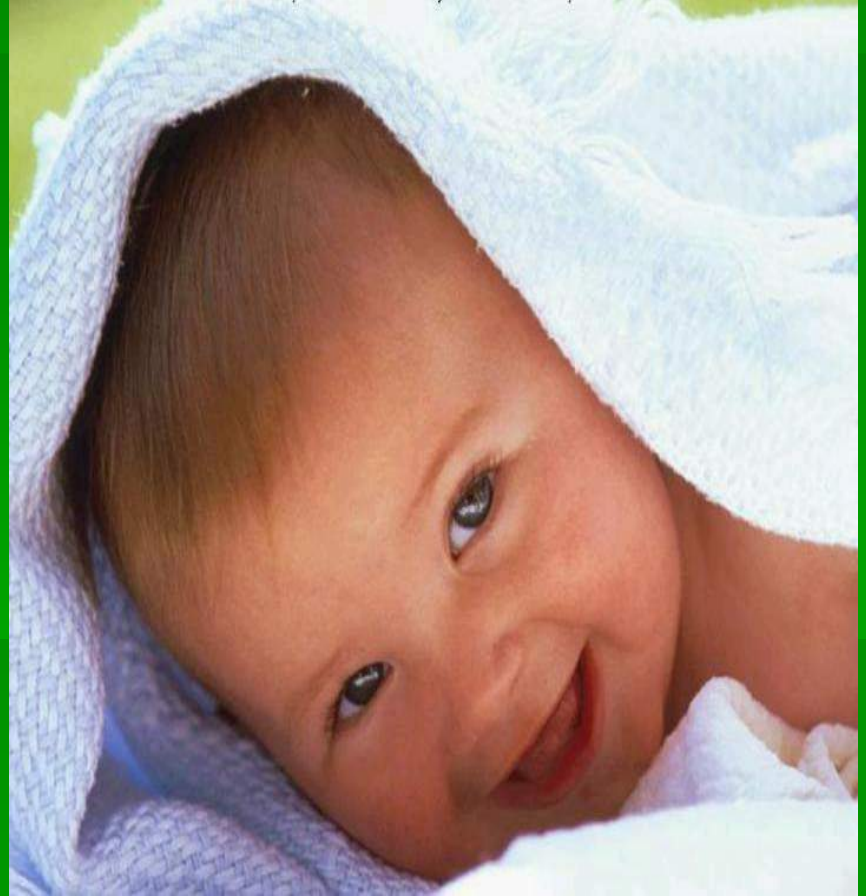
- ✓ All babies, children, teens, and young adults in TennCare can get the services and screens they need to receive the health care they deserve.

# **Who is eligible for TENNderCARE?**

- ✓ All babies, children, teens, and young adults under the age of 21 on TennCare.

# Where do you receive TENNderCARE screenings?

- ✓ Primary Care  
Provider (PCP)
- ✓ Health Department



# What is the Periodicity Schedule?

The Periodicity Schedule is a schedule recommended by the American Academy of Pediatrics (AAP) which indicates when screenings should be provided.



# Infancy Screenings- Periodicity Schedule

Newborn
2-4 days of age
By 1 month old
2 months
4 months
6 months
9 months
12 months



# Early Childhood Screenings- Periodicity Schedule

15 months
18 months
24 months
3 years old
4 years old



# Middle Childhood Screenings- Periodicity Schedule

5 years old
6 years old
8 years old
10 years old



# Adolescence and Young Adult Screenings- Periodicity Schedule

11 years old
12 years old
13 years old
14 years old
15 years old
16 years old
17 years old
18 years old
19 years old
20 years old

# TENNderCARE Children and Adolescents Receive Services through:

- ✓ Managed Care Organizations (MCO)
  - Better Health Plans
  - BlueCare/ TennCare Select
  - John Deere Health Care
  - UAHC Health Plan
  - Preferred Health Partnership
  - TLC Family Care Healthplan
  - VHP Community Care
  
- ✓ Behavioral Health Organizations (BHO)
  - Premier Behavioral Systems of Tennessee
  - Tennessee Behavioral Health, Inc.
  
- ✓ Other Organizations (DBM and PBM)
  - Doral Dental (Dental Benefit Manager)
  - First Health (Pharmacy Benefit Manager)

# Required Seven Components

## A child's check up will include:

- ✓ Health History
- ✓ Complete Physical Exam
- ✓ Lab Tests
- ✓ Immunizations
- ✓ Vision/Hearing Screening
- ✓ Developmental and Behavioral Screening
- ✓ Advice on How to Keep Your Child Healthy



# *Screenings- Each Component Requires:*

1. **Comprehensive health and developmental history includes:**
  - **Physical**
  - **Behavioral/Developmental**
  - **Dental**
2. **Complete Unclothed Exam**
  - **Compare child's physical growth against what is considered normal for child's age**
3. **Lab Tests**
  - **Lead blood test should be performed at 12 months to 24 months and 36 months to 72 months if not previously tested.**
4. **Immunizations- Age appropriate and current status of shots**

## Screenings- Seven Components (Cont')

5. **Hearing Screening- Age appropriate**
6. **Vision Screening- Age appropriate**
7. **Health Education**
  - **Anticipatory Guidance (car seat safety, sex education, smoking education, etc.)**
  - **Counseling parents and child regarding child's development**
  - **Healthy lifestyle, accident prevention, and disease prevention**



# *Developmental and Behavioral Screening*

- ✓ **Speech-language delays**
  - ✓ **Learning delays**
- ✓ **Emotional/behavioral problems**

## *Interperiodic Screenings*

- ✓ If a parent suspects a problem with his/her child, the child should be taken to the doctor.
- ✓ Any person (such as an educator, parent, or health professional) who suspects a problem may refer a child for an interperiodic screen.

# **Diagnosis, Treatment, and Follow up**

**Diagnosis-** Assessments, evaluations, and test to determine health problems

**Treatment-** Ensure children can be appropriately referred from one level of screening to further treatment

**Follow-up-** Referrals must go through the PCP at the MCO.

✓ Check back with your doctor!

# Special Populations in TENNderCARE

- ✓ Homeless
- ✓ Limited English Proficiency (LEP)
- ✓ Illiterate
- ✓ Disabled

# Call for Help!

- ✓ **Family Assistance Service Center**

- ✓ 1-866-311-4287

- ✓ 615-743-2000

- ✓ **Help for the Homeless**

- ✓ Homeless Shelter Helpline

- ✓ 1-800-413-2714

# *Limited English Proficiency* *(LEP)*

## TennCare Refugee Advocacy Program

- **Bosnian** 1-877-652-3069 or Nashville 313-9382
- **Kurdish/Bandinani and Sorani** 1-877-652-3046 or Nashville 313-9840
- **Arabic** 1-877-652-3046
- **Somali** 1-877-652-3054 or Nashville 313-9894
- **Vietnamese** 1-800-269-4901 or Nashville 313-9899

# Who Can I Call?

## TennCare Consumer Advocacy Program

✓ English

1-800-722-7474

Nashville 313-9972

✓ Spanish

1-800-254-7568

Nashville 227-7568

## TTY/TDD Line for Deaf

✓ Toll Free 1-800-772-7647

✓ Nashville 313-9240

## *Where do I call to get help with Mental Health services?*

- ✓ **TennCare Partners Advocacy Line**
  - ✓ Toll Free 1-800-758-1638
  - ✓ Nashville 242-7339



# **TENNderCARE Covered and Non-Covered Services**



# *Covered TENNderCARE Services*

- ✓Clinic Services
  - ✓Inpatient Hospital Services
  - ✓Outpatient Hospital Services
  - ✓Other Laboratory and X-ray Services
- ✓Physician Services
- ✓Medical and Surgical Services by a Dentist
  - ✓Dental Services
- ✓Medical Care
  - ✓Home Health Care Services
  - ✓Private Duty Nursing Services

# *Covered TENNderCARE Services*

- ✓Physical Therapy and Related Services
- ✓Other Diagnostic, Screening, Preventive, and Rehabilitative Services
- ✓Intermediate Care Facility Services for the Mentally Retarded
- ✓Inpatient Psychiatric Services, individuals under 21
- ✓Nurse-Midwife Services
- ✓Hospice Care
- ✓Case Management
- ✓Respiratory Care Services
- ✓Certified Pediatric Nurse Practitioner or Certified Family Nurse Practitioner Services

# Additional Covered Services

- ✓ **Emergency and Non-Emergency Transportation**
- ✓ **Organ Transplants**
- ✓ **Skilled nursing facility services**

# *Other TENNderCARE Covered Services*

✓ Prescribed Drugs

✓ Dentures

✓ Prosthetic Devices

✓ Eyeglasses

# *Non-Covered TENNderCARE*

## *Services*

- ✓ Habilitation, Prevocational, Educational, and Supported Employment  
    ✓ Services
- ✓ Homemaker Services
- ✓ Respite Care
- ✓ Room and Board
- ✓ Special Education and Related Services otherwise available through a LEA
- ✓ Vocational Services
- ✓ Experimental services
- ✓ Services, other than EPSDT screenings, that are not medically necessary

Every Child Deserves TENNderCARE

**Everyone** that participates  
in a TENNderCare  
presentation is encouraged to  
take a quiz.



# Thank- You

- For participating in our presentation on TENNderCare.
- Taking the Quiz
- Sharing the information learned with your co-workers, family, and friends.
- Improving healthcare for children in Tennessee.

# TENNderCARE Training

If your name has not been input into the computer for security reasons you need to call:

Jena Napier @ 615-507-6447 or

Email [Jena.Napier@state.tn.us](mailto:Jena.Napier@state.tn.us)

[\*\*Click Here\*\*](#) to begin your quiz.